

The preventable reality of chickenpox

Little Treasures
October 2011 Pg 48

CHICKEN POX SEASON¹
VACCINATE NOW

Varilrix[®]
LIVE ATTENUATED VARICELLA VACCINE



Every year in NZ there are an estimated 50,000 varicella infections; 150–200 result in hospitalisation and 1 or 2 cases cause long-term disability or death.¹

Give chickenpox less chance with *Varilrix* vaccine.² Ask your doctor about protecting your child against chickenpox with *Varilrix*.

Everybody has the right to be protected.  GlaxoSmithKline Vaccines

1. Ministry of Health. *Immunisation Handbook* 2011. Wellington: Ministry of Health; 2011. 2. *Varilrix*[®] Data Sheet, GSK New Zealand.

Varilrix[®] (live attenuated varicella vaccine) is available as an injection. *Varilrix* is a private-purchase prescription medicine for immunisation and prophylaxis against varicella (chickenpox) in adults and children older than 9 months. **You will need to pay for this medicine.** Children aged 13 years and older need two doses with an interval between doses of at least 6 weeks. Two doses at least 6 weeks apart are also recommended for children aged between 9 months and 12 years, to provide optimal protection. Use strictly as directed. **Do not have a *Varilrix* injection if you are allergic to *Varilrix* or to the antibiotic neomycin, if you have a high fever, if you have a condition that causes lack of immunocompetence, or if you are pregnant.** Pregnancy should be avoided for 3 months after vaccination. **Tell your doctor before you have the vaccine if you have a lowered resistance to disease or have a severe chronic disease.** **Common side effects:** mild rash, a small number of chicken-pox-like blisters, or pain, redness and swelling at the injection site. Uncommon side effects include fever, headache, cough, vomiting, swollen lymph nodes, and joint pain. If you have any side effects, see your doctor, pharmacist, or health professional. Additional Consumer Medicine Information for *Varilrix* is available at www.medsafe.govt.nz. Prices for *Varilrix* may vary across doctor's clinics. Normal doctor's office visit fees apply. Ask your doctor if *Varilrix* is right for you. *Varilrix* is a registered trade mark of the GlaxoSmithKline group of companies. Marketed by GlaxoSmithKline NZ Limited, Auckland. H&T GSK0676. TAPS NA5195-11AU.

protect your baby.*



Rotarix®

Oral rotavirus vaccine

Rotarix® is a private-purchase vaccine which is available for a limited time at a discounted price of \$100 + GST for the two doses.

* Practice handling fee may also apply.


Rotavirus causes severe vomiting and diarrhoea in babies and young children, with approximately 12 children treated daily in NZ hospitals^{1,2}

Protect your baby against rotavirus early by vaccinating with the ORAL vaccine, *Rotarix*.³ The first dose must be given between 6 and 14 weeks of age.³

Ask your doctor or nurse about protecting your baby against rotavirus with *Rotarix*.

THIS OFFER IS AVAILABLE AT WAITEMATA PHO CLINICS ONLY:

- **Coastcare Accident & Medical (Red Beach)**
427 9130
- **Hibiscus Coast Medical Centre**
426 4237
- **Red Beach Family Medical Centre**
426 6600
- **Silverdale Medical Centre**
427 9997
- **Snells Beach Medical Centre**
425 5055
- **Warkworth Health & Medical Centre**
425 1199

Everybody has the right to be protected.  GlaxoSmithKline Vaccines

1. Milne RJ, Grimwood K. *Value Health*. 2009;12:888-98. 2. Neuweit P, Simmons G. *Report of the 2005 Auckland Paediatric Gastroenteritis Investigation*. Auckland: Auckland Regional Public Health Service; April 2006. 3. *Rotarix®* Data Sheet. GlaxoSmithKline NZ Ltd.

Rotarix® (rotavirus oral vaccine) is available as a liquid suspension for ORAL administration, and contains not less than 10^{6.0} CCID₅₀ per 1.5mL dose. The vaccination course consists of two doses and should be completed by the age of 24 weeks. The first dose should be given between 6 and 14 weeks of age, with an interval before the second dose of at least 4 weeks. **Rotarix is a private purchase Prescription Medicine** for the prevention of rotavirus gastroenteritis (mild to severe nausea, vomiting, cramps, and diarrhoea caused by rotavirus). **You will need to pay for this medicine. Rotarix does not protect against gastroenteritis due to causes other than rotavirus. Use strictly as directed. ROTARIX IS AN ORAL VACCINE AND SHOULD NEVER BE INJECTED. Your child should not have a Rotarix vaccination if they have an allergy to any component of the vaccine or to other rotavirus vaccines; have an acute fever; have a history of chronic gastrointestinal disease or intussusception; have congenital malformation of the gastrointestinal tract; or have an inherited disorder called Severe Combined Immunodeficiency (SCID). Before receiving Rotarix, tell your doctor if your child is suffering from diarrhoea or vomiting. After your child receives Rotarix, be sure to wash your hands after changing the child's nappies. Side effects may include diarrhoea, excess gas in the stomach or bowel, stomach pain or discomfort, or skin rash. If your child has side effects (especially severe abdominal pain or bloating, persistent vomiting, bloody stools, or high fever), contact your doctor, pharmacist, or health professional. Additional Consumer Medicine Information for Rotarix is available at www.medsafe.govt.nz. Normal doctor's office visit fees apply. Ask your doctor if Rotarix is right for your child. Rotarix is a registered trade mark of the GlaxoSmithKline group of companies. Marketed by GlaxoSmithKline NZ Limited, Auckland, TAPS CH3056-11SE. H&T GSK0697R/V2.**

says. "They would be shocked to learn they may be in the hands of someone who doesn't know how to give a safe and effective massage treatment."
"The behaviour of some cowboy 'therapists' has led to a number of convictions for sexual misconduct, while others




◆ Dr Michael
◆ Dr Nadeem Ahn

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